

# LOSH Holds Workshop on Heat Stress and Heat Illness

Heat Stress - its effects on California workers and the new Cal/OSHA Heat Illness Prevention Standard - was the August 16, 2006 topic when the UCLA Labor Occupational Safety and Health Program (LOSH) inaugurated a bi-monthly series of workshops on health topics to educate and motivate community participation in improving regulations and working conditions of vulnerable groups. Co-sponsored with the UCLA Labor Center and the Southern California Coalition for Occupational Safety and Health (SoCalCOSH), this educational event held at the UCLA Downtown Labor Center drew a diverse group of more than 45 worker center representatives, day laborers, agricultural workers, firefighters, staff, and trainers from LOSH's 24-hour WOSHTEP health and safety training program.



LOSH Hazardous Waste/HazMat Project Director Bill Hatch shares how to identify and respond to signs of Heat Stress and Heat Illness



LOSH Industrial Hygienist Ingrid Zubieta prepares to demonstrate the use of monitoring equipment

Among the speakers were former LOSH Director Marianne Brown who summarized the history of attempts to pass a Cal/OSHA Standard; California Rural Legal Assistance Attorney Vanessa Frank Garcia who reviewed the Standard and shared how workers can use the regulation; LOSH Hazardous Waste/HazMat Project Director Bill Hatch who explained how to identify and respond to signs of heat stress and heat illness; LOSH Industrial Hygienist Ingrid Zubieta who provided a heat stress safety checklist and demonstrated equipment that workers can use to monitor their workplace conditions;

WOSH Trainer Charlene Culbert, SEIU Local 1877, who presented strategies she used to get adequate ventilation installed at her workplace after participating in LOSH's WOSHTEP training program; and LOSH Director Linda Delp who summarized resources available to workers and how to find Cal/OSHA regulations on the web.



WOSH Trainer Charlene Culbert, SEIU Local 1877 succeeded in having appropriate ventilation installed at her work site



Fact sheet resources and tools developed for this workshop can be downloaded free of charge directly from LOSH's website at [www.losch.ucla.edu](http://www.losch.ucla.edu).

To be contacted for an invite to future workshops, email [loschinfo@ucla.edu](mailto:loschinfo@ucla.edu).